

**Project description** - Project "Let it be" coordinated by Gulbene Municipality Council (Erasmus+ programme) gives the opportunity for 3 youngsters from Italy, Portugal experience intercultural and professional growth by doing long term voluntary work in 2 organizations – Gulbene Municipality Council (two youngsters from Italy) and State social care centre "Latgale" unit "Litene" (one youngster from Portugal). Both institutions are located in Gulbene municipality, Latvia and are willing to host motivated youngsters for 11 months.

The project aims are to provide a supportive environment for volunteers to work and gain intercultural experience, personality development, offering stable working structure in the organization, as well as the possibility to show the initiative; to expand public knowledge about the European and local voluntary work promoting intercultural dialogue and expanding horizons;

3 major themes that characterize our project is a culture and creativity, youth participation and rural development and urbanization.

**Traveling** – plane or bus tickets will buy volunteer or sending organization. Its possible to bring volunteer from airport Riga to Gulbene. In Latvia volunteer will use public transport. We will help organize volunteer's everyday trips to work place.

**Accommodation** – volunteer will live in Gulbene in flat with other volunteer. The flat is fully equipped with all necessary things (electric appliances, beds etc.) and volunteers need only to bring their clothes and laptops. Flat is very close to town centrum and all public places are around flat in 10 – 15 minutes by walk. We will take care about volunteers living situation. Volunteer will have possibility take a part in sport, cultural and other events and make socialization with other volunteers in Gulbene.

**Financial questions** – volunteer will get 80 EUR per month pocket money and 140 money for food. We will help to open account in Latvian banks.

**Communication** – we will buy sim card for volunteer, but we will not buy cellphone for volunteer.

**Voluntary what we looking for** – we are looking for open and dynamic voluntaries, who can organize and help in different kind of activities. If voluntary have interest for outdoor activities even better. Half of activities voluntaries will organize in Gulbene town in cooperation with youth center and maybe some school in Gulbene town, and half activities they will organize in countryside in cooperation with schools, culture workers and others. We will give for voluntaries all support that they needed for organization of activities. For communication with people in EVS youth need good English skills.

Darba laiks		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>(Morning)</i>							
Beginning	End	Description of activities	Description of activities	Description of activities	Description of activities	Description of activities	Description of activities
10:00	11:00	Free	Preparation for day	Preparation for day	Preparation for day	Preparation for day	Free
<i>(Day)</i>							
11:00	13:00	Free	Work with youngsters	Latvian lessons	Latvian lessons	Preparation of activities for countryside youth	Preparation of activities for countryside youth
<i>(Evening)</i>							
14:00	17:00	Free	Work with youngsters	Work with youngsters, activities, teambuilding, lessons	Work with youngsters, activities, teambuilding, lessons	Work with youngsters, activities, teambuilding, lessons	Work with youngsters, activities, teambuilding, lessons

<i>(Night)</i>							
17:00	19:00	Free	Activities in Youth center Bāze	Activities in Youth center Bāze	Activities in Youth center Bāze	Activities in Youth center Bāze	Free

Links:

Towns page in facebook: [https://www.facebook.com/gulbenesnovads/?hc\\_ref=SEARCH&fref=nf](https://www.facebook.com/gulbenesnovads/?hc_ref=SEARCH&fref=nf);

Towns web page: [www.gulbene.lv](http://www.gulbene.lv);

Gulbene youth web page: [www.labisbabis.lv](http://www.labisbabis.lv);

Gulbene youth center Bāze page in facebook: <https://www.facebook.com/jcbazegulbene/?fref=ts>

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